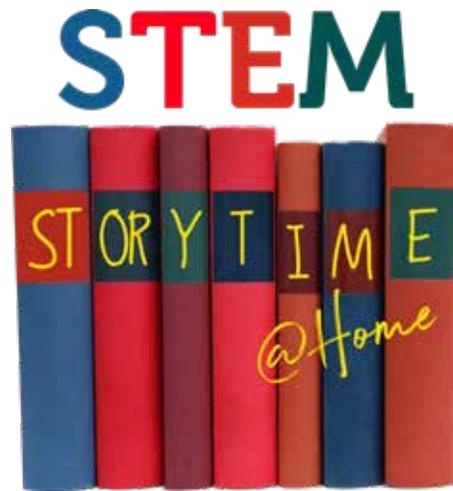


STEM





Welcome to STEM Storytime @ Home!

STEM Storytime is a program for preschool aged children and their caretakers. Like our other Early Childhood programs, STEM Storytime introduces important elements of prekindergarten learning with a live story presentation from a member of the museum's education team. This program provides preschoolers with new science and nature based concepts and vocabulary using the familiar tools of storytime and hands on activities to further enhance new learning opportunities.

This Month's story is *Before We Eat: From Farm to Table* by Pat Brisson, Illustrations by Mary Azarian

From Apples to Applesauce

This activity will provide us some ice cream to share just like in this month's story. There is fine and gross motor work involved plus you get a yummy treat! Get the whole family involved in the process.

Here are the supplies you will need to gather in advance to make your own applesauce:

- Slow cooker (7-8 quart)
- Apple slicer
- Apple peeler
- Knife
- Measuring spoons
- Spoon for stirring
- Handheld blender
- Cups or small bowls for serving
- Spoons for eating the applesauce

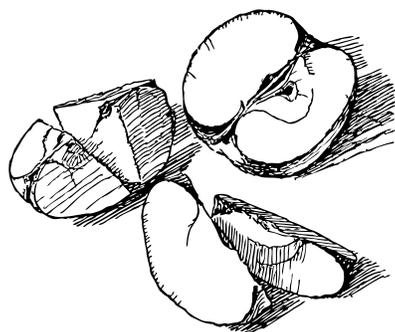


Applesauce For Kids Recipe Ingredients

One of the best things about this recipe is that it only has 4 ingredients- I told you it was easy!

- 14 of your favorite apples. Mix up the varieties to get a unique taste, some suggestions are HoneyCrisp, Golden Delicious, and Gala
- 2 tablespoons fresh lemon juice
- 1 teaspoon ground cinnamon
- 1/8 teaspoon ground nutmeg
- Sliced Apples for Applesauce

Feel free to adjust the amounts of cinnamon and nutmeg to taste. You can also adjust the number of apples and ingredients used if you have a larger, or smaller class.



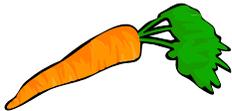
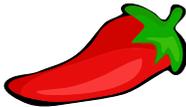
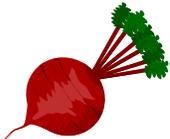
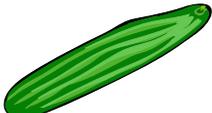
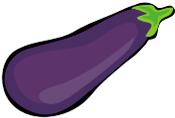
Veggie Bingo!

V-E-G-E-T-A-B-L-E!

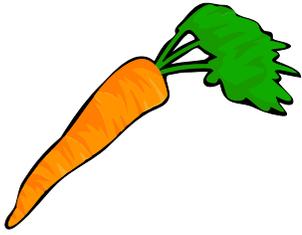
Cut out the bingo calling cards from the provided sheet to play a round of bingo using the card provided. Before you begin review the names of the vegetables with your child. Which do they recognize? Which are new to them?

BONUS: Visit your refrigerator or your local grocery store or market to gather the vegetables on your bingo card.

Take taste tests of the vegetables as you go or make your samples the bingo cards! As you snack, mark off each vegetable!

B-I-N-G-O				
 CARROT	 PEAS	 CHILI PEPPER	 LEEK	 ARTICHOKE
 BEET	 TOMATO	 AVOCADO	 CUCUMBER	 DAIKON
 GREEN BEAN	 RADISH	FREE SPACE	 GARLIC	 BELL PEPPER
 EGGPLANT	 BROCCOLI	 ONION	 CAULIFLOWER	 CABBAGE
 POTATO	 CELERY	 TURNIP	 SPINACH	 BRUSSELS SPROUTS

Calling Cards



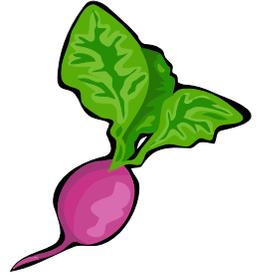
CARROT



CABBAGE



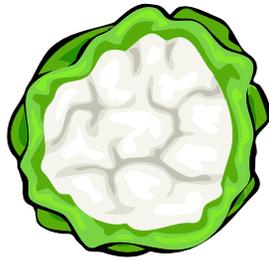
GARLIC



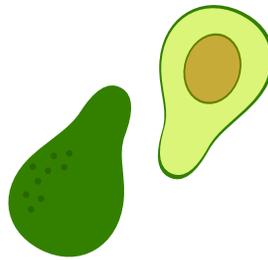
RADISH



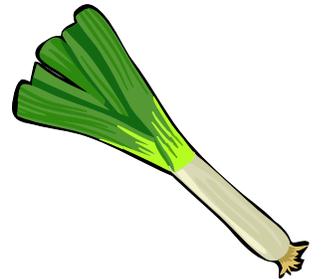
DAIKON



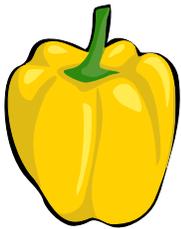
CAULIFLOWER



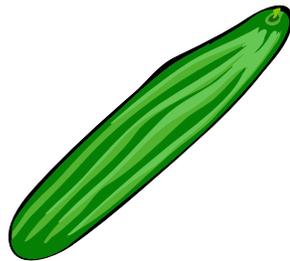
AVOCADO



LEEK



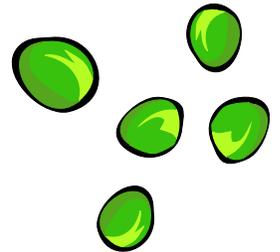
BELL PEPPER



CUCUMBER



BROCCOLI



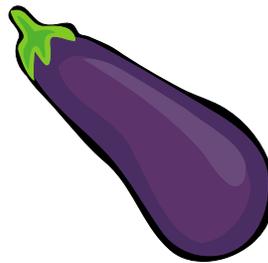
PEAS



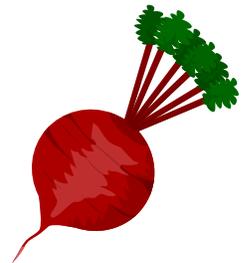
ARTICHOKE



TOMATO

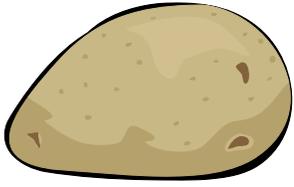


EGGPLANT

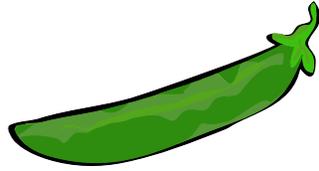


BEET

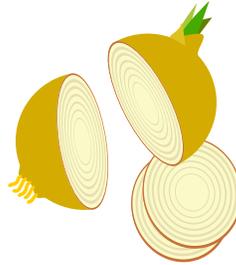
Calling Cards



POTATO



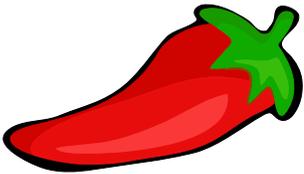
GREEN BEAN



ONION



CELERY



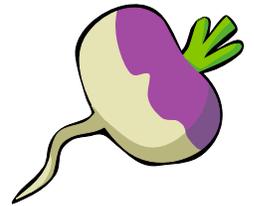
CHILI PEPPER



SPINACH



BRUSSELS SPROUTS



TURNIP

Farm to Table Sequencing Cards

How does food make it from a farm onto your dinner plate? In this month's story, *Before We Eat: From Farm to Table* by Pat Brisson we learned how farmers turn their crop into different types of food!

Use the cards provided to practice sequencing from Farm to Table!

BREAD

FLOUR

is used as an ingredient
to make bread

BREAD

BREAD

is baked in oven

BREAD

WHEAT

is taken to the mill

BREAD

WHEAT

grows in field

BREAD

MAKE

a sandwich with
your bread!

BREAD

WHEAT

is ground into flour

BREAD

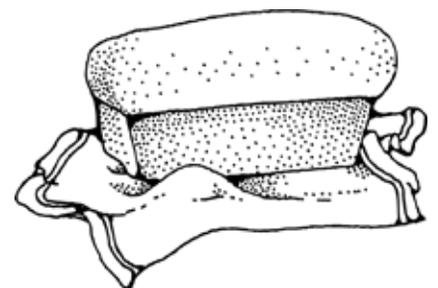
BREAD

is sold in bakery
or grocery store

BREAD

WHEAT

is cut down



Farm to Table Sequencing Cards

GRAPE JAM

The
**COOKED
GRAPES**
are canned

GRAPE JAM

The
GRAPE JAM
is sold in stores

GRAPE JAM

GRAPES
are picked

GRAPE JAM

GRAPES
grow on vines

GRAPE JAM

MAKE
a sandwich with
your grape jam!

GRAPE JAM

GRAPES
are sent to process

GRAPE JAM

GRAPES
are cooked



Farm to Table Sequencing Cards

MILK

MILK

is sold in stores

MILK

COWS

graze on grass

MILK

MILK

is put into bottles

MILK

MILK

is pasteurized

MILK

ADD MILK

to your cereal!

MILK

COWS

are milked

MILK

MILK

bottles are
shipped to stores





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